



Treatment Resources

StarCare Specialty Health System- OSAR (Outreach, Screening, Assessment and Referral)

1950 Aspen Ave, Lubbock, TX 79404
806-740-1421
1-844-472-8810

Counties served:

Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran, Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hartley, Hall, Hansford, Hemphill, Hockley, Hutchinson, King, Lamb, Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher, Terry, Wheeler and Yoakum

Screening and Assessments:

StarCare’s dedicated, licensed staff provide outreach, screenings, assessments, and referrals to those who are actively seeking substance use services and/or support. The OSAR team conducts verbal screenings to gather information pertaining to the severity of use and how use has impacted day-to-day functioning or mental health to provide appropriate referrals to recovery resources.

Interventions:

Following the screening and assessment, individuals can expect short-term case management services in addition to the opportunity of up to six brief motivational interviewing sessions with their OSAR counselor.

Support:

OSAR counselors are available for additional support and case management until the individual successfully enters their referred treatment service. Our OSAR counselors also remain as a point of contact for future recovery support needs.

-For uninsured or underinsured individuals, the OSAR Team can determine if you are approved for full or partial financial assistance toward your referred treatment services.

federal and state admission priorities:

- Pregnant, injecting individuals (Federal)
 - Pregnant individuals (Federal)
 - Injecting drug users (Federal)
 - Individuals at high risk for overdose (State)
 - DFPS-referred clients (State)
 - Individuals who are experiencing housing instability or homelessness (State)
 - All others
- www.starcarelubbock.org

Plainview Serenity Center

-Recovery Solutions
Lubbock location-Intensive Outpatient Treatment (Adults)
1324 35th, Lubbock, TX 79412
806-687-3746

-Plainview Location-Residential and Intensive Outpatient Treatment (Adults and Women with Children)
454 Interstate 27, Plainview, TX 79072
806-293-9722

-Amarillo Location-Intensive Outpatient (Adults)
210 South Western
Amarillo, Texas 79106
806-355-5780

-State funded Substance Use Disorder Treatment facility
http://serenitycenter.org/wordpress_e/

Cenikor Foundations-Amarillo

1001 Wallace Blvd, Amarillo, TX 79106
1-888-236-4567
-State funded Substance Use Disorder Treatment facility
-COPSD Services, Residential and Intensive Outpatient Treatment (Adults)
www.cenikor.org

Dailey Recovery Services-Amarillo

706 N Polk
Amarillo TX 79107
806-803-9640

-State funded Substance Use Disorder Treatment facility
-Female Outpatient, Youth Outpatient and COPSD Services
www.daileyrecoveryservice86.vpweb.com

StarCare Medication Assisted Treatment (MAT) Program

806-740-1400
1950 Aspen Ave, Lubbock, TX 79404
-State funded Substance Use Disorder Treatment facility
www.starcarelubbock.org
StarCare’s Medication Assisted Treatment (MAT) program, formerly known as the Methadone Clinic, provides treatment for adults to alleviate the effects of opioid withdrawal.

The program works to meet individualized needs for treatment, including one-on-one and group counseling.

To Qualify for Medication Assisted Treatment:
Individuals (Including Pregnant Females) Must:
-Be a Texas resident
-Meet the criteria for a moderate to severe opioid use disorder

Hours of operation:
Monday-Friday 6 A.M.–10 A.M.
Saturday 6 A.M.–9 A.M.

West Texas Counseling & Rehab (WTCR)-Amarillo

2300 Line Ave, Amarillo, TX 79106
806-373-0922
Opiate Agonist Therapy with Methadone or Buprenorphine
-Therapeutic Interventions
-Hours of operation:
Mon - Fri: 5:30am - 9:30am
Sat: 6:45am - 8am
www.wtcr.net



Lubbock Lighthouse

24 Briercroft Office Park, Lubbock,
TX 79412
806-744-3419

Services provided:

- Individualized Counseling
- Urine Drug Screenings
- AIDS/HCV Education & Prevention
- HIV/HCV Testing, and Hepatitis C

Education, Counseling and Referrals:

- Referral to Inpatient/Residential

Programs if needed and indicated:

- Community Education
- Medical Consultation, Coordination & Referral
- Drug & Alcohol Screenings and Assessments
- Medication Hours
Monday through Friday: 6:00AM to 12:00PM
Saturday 6:00 am to 8:45 am (only)

Counseling Hours:

Monday through Friday: 6:00AM to 2:00PM; Saturday 6:00 am to 8:45 am
-Fees for methadone are \$105.00/week payable at \$15.00/day plus an initial \$45.00 charge to see the Medical Director, have an initial assessment with a licensed counselor, perform lab work, etc. The total intake fee for methadone including the first week's dosing is \$150.00. Fees for Subutex (buprenorphine) are an initial set up fee of \$149.00 and then \$126.00/week payable at \$18/day. The total intake fee for Subutex is \$275 which includes the first week's dosing. Participants are responsible for paying for the week regardless of attendance – staff are present and ready to assist you. Other patient guidelines will be explained at time of screening and intake if you choose to participate in the program.

www.lubbocklighthouse.org

Aspire Addiction and Recovery

3330 70th St #120, Lubbock, TX
79413
806-598-5911 or
(Toll free) 888-502-3631
www.aspirearc.com

Covenant Chemical Dependency Intensive Outpatient-Horizons

4001 22nd Street, Bldg. 66, Lubbock,
TX 79410
806-725-7145

Email: CovenantCDIOP@covhs.org

-Covenant Health System, in collaboration with Texas Tech Physicians of Lubbock, Department of Psychiatry, has partnered with Texas Health and Human Services to offer high quality care to individuals who are unfunded or underfunded. The IOP program offers a comprehensive, 16-week program that follows a decreasing intensity model. This means that our program is most intensive in the first 4 weeks and depending on the progress of each individual, programming is stepped done in frequency. Our program is open to adults, aged 18 and above, whose primary diagnosis is a substance use disorder. IOP groups are offered in the evening to allow participants to take care of their work responsibilities during the day. -The program consists of group and individual therapy, family education, medication management and drug testing. All referrals are screened for appropriateness and given a detailed assessment before services begin. Clients are given an overview of the program and explained the rules of participation so that they are ready to engage when they arrive to their first meeting. Program participants will also be encouraged to utilize recovery support in the community, as a complement to their IOP programming.

The Ranch at Dove Tree

1406 Quinlan Street, Lubbock, TX
79403

806-746-6777 or 1-866-572-6065

-Insurance accepted or Private pay
-Services provided: Detox services, Residential Treatment, Partial Care Program, Collegiate Residential Program, Intensive Outpatient Program (IOP), Transitional Living Program, Relapse Prevention Program Track

www.ranchatdovetree.com

Grace Manor

2402 Canyon Lake Dr, Lubbock, TX
79415

806-894-4712

-Substance Abuse Residential Rehab Facility and provides treatment to people with drug addiction and other substance abuse problems.

-Intensive Outpatient

Email: www.Childrenhp.org

Stages of Recovery

4413 71st Drive Suite G-101,
Lubbock, TX 79424
(806) 412-4721 or 1-844-621-8816
<https://stagesrecoverycenters.com/>

Star Parent PADRE (Parenting Awareness & Drug Risk Education)

3804 I-27 Lubbock, Texas 79412
806-740-1455

Services Provided:

-On-site and home evidence-based Parenting Classes and Fetal Alcohol Information (Parenting class times and other service times vary. Please contact the program staff for the current schedule.)
Evidence-based parenting education to schools, agencies and individuals that includes

- Reproductive health
- Parenting
- Fetal & child development
- HIV and STDs
- Nurturing parenting values
- Case management to identify the need for medical, educational, mental health, housing, and other necessities
- Substance abuse screening and assessment to identify issues related to alcohol and drugs
- Linkage to community resources such as housing, transportation, day care, food, clothing, and many other necessities
- Referrals to cooperating agencies for help with prenatal-postpartum needs, counseling, employment, clothing, and additional needs
Alternative activities – including picnics, games, arts and crafts and trips to museums and libraries –



emphasis on helping families address communication, family roles and stress management, while supporting family relationships

To qualify for the Pregnant Postpartum Intervention program individuals must:

- Be pregnant or postpartum (includes the period from birth through 18 months of infancy)
- Reside in one of the 41 Region 1 counties
- Be identified as being at risk of having, or who have, a substance use disorder. Risk factors include:

- Teen pregnancy (including females through age 19);

Current or past involvement with Department of Family and Protective Services (DFPS) or other child protective services agency.

- Current or past use/abuse of, or dependence on, alcohol and/or drugs;
- Current or past domestic violence;
- Current or past mental health problems, especially perinatal mood disorders;
- Living in a household with a person who abuses alcohol or drugs;
- Current or past history of sexual, emotional or physical abuse;
- Insufficient, late (third trimester) or no prenatal care; or
- Financial distress

-Be referred by the Department of Family and Protective Services or who are identified as being at risk of having, or who have, a substance use disorder and who have children under the age of six.

www.starcarelubbock.org

SUSAN

806 18th St, Lubbock, TX 79401
(806)775-2933 option #5

-SUSAN is the City of Lubbock's substance use disorder network for community health workers.

SUSAN has two dedicated Case

Managers and two dedicated Community Health workers to assist the public for the area of Region 1. This program is designed for male and female Texas Residents with substance use disorders. The goal is to screen and address social determinants of health and provide harm reduction methods and tools to help others live a safer, healthier lifestyle. SUSAN provides syringe cleaning kits, wound care kits, hygiene kits, and overdose reversal kits including Naloxone and pre-exposure Prophylactic (PREP) education information. Susan offers assistance with residential and outpatient treatment, which is determined by screening for substance use disorder. Assistance can also be provided for sober housing, transportation needs, and help with prescription medications, vision, hearing, clothing, employment, and educational needs. SUSAN employees understand that there are no two people alike, so each plan is individualized to address the needs of that particular person.

Adolescent Treatment

Dailey Recovery Services

Amarillo location
2412 SW 8th Ave, Amarillo, TX 79120
806-803-9640
-State funded Substance Use Disorder Treatment facility
-Youth Outpatient
www.daileyrecovery-service86.vpweb.com

Lubbock Location
-2321 50th Street Suite B
Lubbock, TX 79412
806-803-9640
Jessie Martinez LCDCI
jessie@drsamarillo.com

Central Plains Center-Reed Adolescent Center

404 Floydada, Plainview, TX 79072
806-291-4422

-Central Plains Center currently operates a 12-bed residential substance abuse treatment facility for adolescent boys. This is a 90-day treatment program that seeks to help in the recovery process and eliminate substance abuse. We also offer an outpatient program for adolescents, both boys and girls.

www.centralplains.org

Transportation

Citibus

801 Texas Ave, Lubbock, TX 79401
806-712-2000

-Regular Fare information
On Fixed Routes:

- \$1.75 for adults
- \$1.25 for children 6-12
- \$0.85 for Medicare, Seniors, Persons with Disabilities (with proper identification - Seniors are persons 65 years of age or older)
- Children 5 and under ride free
- 1/2 price for Medicare, Seniors, and persons with disabilities.
- (Proper identification required - Seniors are persons 65 years of age or older)

Discounts apply only to cash fares on the bus and cannot be applied to pass purchases.

-Each time you board a bus, you will pay the regular fare unless you are using a daily, weekly, or monthly pass. Citibus also provides the following passes to meet the needs of our passengers:

- One-day pass \$3.50
- Weekly pass \$14.50
- Monthly pass \$50.00
- \$4.50 NiteRide per trip inside the city limits (24 hr. notice)
- \$9.00 NiteRide (Same day notice)
- \$15.00 NiteRide per trip to Reese Center.
- \$52.50 Citibus U pass (Sept - Dec, Jan - May, June -Aug)
- \$52.50 CitiSummer pass (June - Aug)
- \$52.50 CitiKids (Sept - Dec, Jan - May, June -Aug)



Special Efforts Card - With appropriate documentation* this card entitles the recipient to half price off a regular fixed route one-way fare.

*Appropriate documentation includes Medicare Card or Special Efforts form completed by a physician, licensed health care provider, or licensed rehab/social worker. Not available to be used when purchasing a Day Pass, Weekly Pass, or Monthly Pass.

<https://citibus.com/>

Yellow Cab

806-765-7777

-Hours of Operation: 24 Hours a Day, 7 Days a Week

-Service Areas: 250-Mile Radius of Lubbock, TX

<https://yellowcablubbock.com/>

Spartan Public Transportation

806-894-3800

1105 TX-114, Levelland, TX 79336

Transportation Programs:

-Schedule a Ride (reservations 24 hours in advance, shared ride public services)

-County Service (17 counties listed below)

-SPC Express (Sundown, Brownfield, Littlefield, Levelland-not high school)

-Demand Service Routes (reservations on week in advance)

-Business Transportation (help businesses recruit and retain quality employees)

-Serving transportation for 17 counties in Texas: Bailey, Cochran, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, rural Lubbock, Lynn, Mitchell, Motley, Scurry, Terry and Yoakum.

<https://www.spartanpublictransit.com/>

Westminster Presbyterian Church-LOADS OF LOVE Building

3308 34th Street, Lubbock, TX 79410

806-722-0338

-Thursdays Only, 1:30 pm-3:30 pm

-Gasoline Voucher: One time ONLY

-Required: Valid Driver's License, Social Security Card and Proof of current address with a piece of mail received within the last 30 days.

Transitional/Sober Living

Driskill Halfway House (Tulia TX)

Males Only

1202 US-87, Tulia, TX 79088

806-995-4552

- Driskill Halfway House for Men strives to meet the needs of men whose lives have been impacted by addiction. Offering a compassionate approach and individualized care and support through empowering men in recovery. Helping them to avoid relapse through relapse prevention and encouraging them set goals and make progress to reaching those goals in their recovery.

- What to expect when you apply to the Driskill Halfway House.

Applicant will submit a \$250.00 nonrefundable processing fee to DHH. This payment is separate from and in addition to any rent required to paid upon admission. The processing fee shall be paid in separate check payable to DHH when applying.

Applicant will provide adequate information for a criminal background check to conducted. DHH does not currently accept Applicant with conviction for violent crimes or Applicant who are required to register as sex offenders.

Applicant MUST be sober for at least 30 days. Upon arrival to the facility, Applicant will provide a Negative UA (urine analysis) to be administered by DHH staff. A positive result will exclude Applicant from entrance to the program.

Personal items will be checked when Applicant arrives at the facility to ensure compliance with DHH rules. Applicant will be provided a copy of DHH rules and polices prior to arrival. Monthly rent is \$450.00 which includes room and board.

Upon admission, each resident will have a PIN assigned to them which will allow them access the secure entrance to our facility.

www.driskillhouse.com

Alcohol Recovery Center

608 17th Street, Lubbock, TX 79401
806-762-5626

Males Only

- The Recovery Center is a 501(c)(3) non-profit long-term shelter for men recovering from alcohol and/or drug addiction.

Client requirements include:

-Have a desire to stop using alcohol and drugs

-Willing to work full-time

-Obtain employment within two weeks

-Contribution of \$125 weekly

-Attendance of six meetings a week (transportation to outside meetings is provided)

-Be home for chores by 6pm Sunday-Friday

-Commitment to stay a minimum of 3-6 months

-Residents may stay up to one year

https://www.freerehabcenters.org/details/tx_79401_alcoholic-recovery-center-of-lubbock

The Door Sober Living Community

4705 66th Street, Lubbock, TX 79414

806-412-4721 and 844-6-GETHELP

www.lubbocksoberliving.com

Lubbock Faith Center

2809 Clovis Rd., Lubbock, TX 79415

806-762-8086

www.lubbockfaithcenter.com

Oxford Houses:

Oxford House Caprock

3201 65th Street, Lubbock, TX 79413

Female House

806-317-1150

Oxford House Toledo Bend

4617 42nd Street, Lubbock, TX 79414

Female House

806-701-1821

Oxford House Faith Park

4208 41st Street, Lubbock, TX 79413

Male House

806-317-1342

Oxford House Sandstorm

4914 18th Street, Lubbock, TX 79407

Male House



806-407-5445

Oxford House Xena
308 N. Brentwood Ave. A/B,
Lubbock, TX 79416
Male House
806-407-5566
www.oxfordhouse.org

AA, NA, Al-Anon & Ala-teen

-See attached directory for more information regarding schedules and group types.

Visit www.lubbock-al-anon.org/meetings.html
Ala-non info: 806-766-7302

Lubbock & Surrounding Areas-AA Meetings
www.nwta66.org/schedules/cities

Lubbock AA Hotline
806-741-8780

Lubbock NA Hotline
806-765-1247

Central AA Group
1113 Avenue J, Lubbock, TX 79401
806-747-1284

Grupo Nuevo Camino
1109 A. Main Street, Lubbock. TX
806-283-2984

Hub of the Plains
3808 34th Street, Lubbock, TX 89410
806-797-1211

Lubbock Faith Center
2809 Clovis Rd., Lubbock, TX 79415
806-762-8086
www.lubbockfaithcenter.com

Lubbock Group
4234 Boston Ave Ste. B, Lubbock, TX, 79412
806-799-0124

12-Step Meeting
(Grace Campus) 806-500-5006

Alcohol & Drug Hotline
1-800-622-2255

Cocaine Hotline
1-800-262-2463

Drug Abuse Hotline
1-800- 662-4357

HIV/STD/Hepatitis C

City of Lubbock Health Department
806-775-2933

HIV/STD Hotline
1-800-227-8922

Crisis Lines/Mental Health Services

(National Suicide Prevention Lifeline)-Crisis Line
Dial: 988

Contact Lubbock Crisis:
1-800-SUICIDE
www.contactlubbock.org

StarCare Specialty Health System
Crisis Services:
806-740-1414
Mental Health Services:
806-740-1421

Texas Panhandle Centers
Crisis Services:
806-359-6699
Mental Health Services:
806-337-1000

West Texas Centers
Crisis Services or Mental Health Services: 800-375-4357

Central Plains Center
2700 Yonkers
Plainview, TX, 79072
Crisis Services: 1-800-687-1300
Mental Health Services:
806-291-4470
-Adult Mental Health

Central Plains Center provides services to adults, ages 18 and older, who are diagnosed with a mental illness.

- Adult Psychiatric Services
- Mental Health Peers
- Mental Health Peers
- Case Management & Skills Training

-Child and Adolescent

Central Plains Center offers an array of children's services to adolescents from ages 3 to 18 years of age with severe emotional and behavioral problems.

- Child and Adolescent Psychiatric Services
- Family Partners
- Case Management and Skills Training
- Youth Empowerment Services Waiver
 - Demographic Criteria
 - Be between 3-18 years of age
 - Reside in a non-institutional setting with the child's or adolescent's Legally Authorized Representative; or in the child's or adolescent's own home or apartment, if legally emancipated
 - Reside in one of nine counties served (Parmer, Castro, Swisher, Briscoe, Bailey, Lamb, Hale, Floyd, and Motley)

Counseling Services

Catholic Family Services
102 Avenue J, Lubbock, TX 79401
806-765-8475
-Services to at-risk Youth (STAR) & Runaway Homeless Youth (RHY):
Ages 0-17 (Free)
-Family Counseling (individual, couples, marriage)
www.cclubbock.org



Covenant Counseling

3715 20th Street, Lubbock, TX 79410
806-725-5443

*Call for eligibility screening

-Individual, family, couples counseling; sliding scale fee is \$5-\$40

www.covenantcounseling.org/staff.html

Family Counseling Center

5701 Ave P, Lubbock, TX 79412
806-747-3488

*Call for appointment

-Individual, family, child, couples counseling, and group sessions; sliding scale is Free-\$75

www.fc lubbock.org

Texas Tech Family Therapy Clinic

Human Sciences Building-Open to the Public

15th Street and Akron, Lubbock, TX 79409

806-742-3074

*Call for appointment (messages will be returned); sliding scale is \$10-\$70

Monday thru Thursday 9 am-8 pm, Friday, 9 am-5 pm

-Specializing in child, family, marriage, and individual counseling.

-Supervised graduate students working on Master and PhD Degrees

http://www.depts.ttu.edu/hs/mft/clinical_services.php

Texas Tech Psychology Clinic

Open to the Public

2810 18th Street, Lubbock, TX 79409
806-742-3737

*Call for appointment; sliding scale fee \$7-\$50; Monday & Friday 8:30 am-5:00 pm; Tuesday, Wednesday, Thursday, 8:30 am- 8:00 pm

-Individual, adult, children/adolescents, couples counseling

-Parent/child (ages 2-7) interaction therapy

-Weight Management for children

-Supervised graduate students working on PhD

-Evaluation for Learning Disabilities and ADHD-Sperate flat fee

<http://www.depts.ttu.edu/psychologyclinic/index.php>

Resources for Veterans

Veterans Resource Coordination Group

Contact: Greg Gittner

806-740-1474 or 806-252-9180

www.vrcg.org

Lubbock Veteran's Services

806-792-9782

Lubbock VA Outpatient Clinic

806-472-3400

www.amarillo.va.gov/locations/lubbock.asp

Persons with Disabilities

Division for Rehabilitation Services (DARS)

806-723-5820

www.dars.state.us

StarCare Specialty Health System

(IDD) 806-740-1421

www.starcarelubbock.org

Employment Resources

Workforce Solutions South Plains

806-744-1987

www.spworkforce.org

Worksource of South Plains

806-765-5038

www.texasworkforce.org

Lubbock Temporary Help Services

2124 50th St, Lubbock, TX 79412

806-744-5600

-Whether you are looking for a position on a temporary basis, or you are looking for temp-to-hire employment, for the Lubbock area, Lubbock Temporary Help Services, Inc. offers a broad variety of opportunities across a wide range of Careers!

www.lubbocktemp.com

G. Boren Services

18 Briercroft Office Park, Lubbock, TX 79412

806-797-3281

-Temporary help staffing, professional personnel placement outsourcing/mst for companies & Professional Permanent Placement.

-State of Texas Licensed Security Company

www.gboren.com

SOS Staffing

806-745-0070

www.sosstaffing.jobsonline.com

Medical

Community Health Center (CHCL)

1610 5th Street, Lubbock, TX 79401

806-765-2611

*Call for appointment; \$25 minimum fee based on a sliding scale.

-**Adult & Women's Clinic:** Monday thru Friday, 8:00 am-5:00 pm

-**Dental Clinic:** \$40 minimum fee based on sliding scale; Monday thru Friday, 8:00 am-Noon & 1:00 pm-5:00 pm

-**Eye Clinic:** Monday thru Friday, 8:00 am-Noon & 1:00 pm-5:00 pm

-**Pediatric Clinic:** Monday, Wednesday, and Friday 8:00 am-5:00 pm, Tuesday and Thursday 8:00 am-6:00 pm

www.chclubbock.org

Apply for Medicaid SNAP Health and Human Services

1716 Parkway Drive, Lubbock, TX 79403

806-744-7632

www.yourtexasbenefits.com

UMC Blue Card

(must be a Lubbock resident)

3204 4th Street, Lubbock, TX 79416

806-775-9014 or 806-743-6753

-The Blue Card program aids with doctor's visits, hospital services and prescriptions.

-Only permanent residents of Lubbock County that meet eligibility requirements will be

eligible for the Blue Card. Persons with Medicare, Medicaid, Commercial Insurance or other third-party sources are not eligible for the Blue Card.

-Persons who are in Lubbock County temporarily will not be eligible for the Blue Card.



-Persons of majority age (18) attending an educational institution beyond high school level, either technical or academic, will not be eligible for Blue Card benefits unless the person qualified as a Lubbock County resident prior to enrollment into the educational institution.

-Undocumented or illegal aliens are not eligible for the Blue Card.

Restrictions may apply to

-Legal Permanent Residents.

-Income includes, but is not limited to, wages and salaries, disability benefits, retirement, pension benefits, unemployment compensation, VA benefits, child support, worker's compensation, in-kind contributions, and others.

-Resources/assets include, but are not limited to cash, checking and savings accounts, certificates

of deposit, vehicles, homes, property, etc. Your home and one vehicle are not counted as a resource/asset.

-The Blue Card is payer of last resort, if you are eligible for any other programs you must apply for those programs first. A financial counselor will help determine if you are eligible for any other programs.

**** These are only the basic requirements and other rules and restrictions may apply. ****

Larry Combest Clinic

301 40th Street Lubbock
806-743-9355

www.ttuhsu.edu/nursing/combest

Grand Expectations

2602 Ave Q, Lubbock, Texas
806-761-0611

-Provides pregnancy tests, Assistance applying for Medicaid, physician referrals and baby clothes.

<https://www.umchealthsystem.com/medical-services/maternity-newborn/services-programs/grand-expectations>

Child Care Services

Workforce Solutions Child Care Services

2002 West Loop 289 Suite 117
Lubbock, TX 79407
806-744-3572

<https://workforcesouthplains.org/child-care-services/for-parents/applying/>

Miscellaneous Services

Legal Aid Society, Inc.-Family Law Cases Only

916 Main Street, Suite 103, Lubbock, TX 79401
806-762-2325

*Call for information and appointment

-For application: Monday thru Thursday, 8:30 am-4:00 pm; Friday, 8:30 am-11:00 am

Legal Aid of Northwest Texas

1711 Ave J, Lubbock, TX 79401
806-763-4557 ext. 6012

*Call for information and appointment

-Services are free civil legal services (no criminal).

-Require: Must call Legal Aid of Northwest Texas for prescreening and an appointment day and time; Please bring any paperwork or materials that are relevant to your legal issues.

Lubbock Rape crisis center (LCRR), dba VOICE OF HOPE

806-763-3232

-All services provided for victims are free of cost. Assistance is also available for victims, family and friends (ANYONE effected by sexual assault and/or sex trafficking)

Women's Protective Services (WPS)

806-747-6491
1-800-736-6431

-Counties covered: Bailey, Cochran, Crosby, Dickens, Garza, Hockley, King, Lamb, Lubbock, Lynn, Terry and Yoakum

-Women's Protective Services of Lubbock, Inc., or WPS, is a 501(C)(3) non-profit organization specializing in advocacy for women, men, and children who have experienced domestic violence. WPS has been

serving Lubbock, TX and the surrounding communities since 1978.

-The services provided at WPS are free and confidential. Services are available without regard to race, sex, handicap, national origin, color, religion, sexual orientation, or income.

-Our purpose and objectives are to provide a safe environment, offer community education, prevention, rehabilitation of violent family members, encourage transition to self-sufficiency, and to advocate for the prevention and elimination of family violence.

-This is but a brief glimpse into what we offer victims of family violence and members of our community on a daily basis.

-24-Hour Crisis Hotline

-Shelter, Food, Clothing, and -Transportation

-Individual and Group Therapy

-Support Groups

-Parent Education

-Children's Programs

-Assistance in Obtaining Legal Services

-Assistance in Obtaining Social Services

-Court Accompaniment

-Welfare to Work/Job Readiness Program

-Community Education

-WPS also provides a 25-week Batterers Intervention and Prevention Program.

www.wpslubbock.org

Mission Lubbock

1711 Upland, Lubbock, TX 79416
806-687-8452

-Tuesday and Wednesdays 10:00 am-2:00 pm

-Household items, furniture, personal hygiene, medical equipment, household cleaning supplies.

Social Security Office

5825 16th Street, Lubbock, TX 79416
806-799-2520
1-800-782-5028

www.socailsecurity.gov



Open Door

1918 13th Street, Lubbock, TX 79401
806-687-6876

-Vital Records

-Open Door helps individuals get vital records such as birth certificates, IDs, and Social Security cards. The Community Center staff is able to help anyone with the paperwork and process to obtain these records, however, will only be able to pay for individuals who are currently homeless.

-The following steps should be taken to get these records:

-Visit Open Door Community Center any Wednesday morning from 8:00 am-11:00 am to fill out paperwork (required).

Because the process changes regularly, it is recommended that you come in person to fill out this information.

If you are approved on Wednesday, come back Thursday morning at 8:00 am and the staff will take you to get IDs.

This process occurs on a weekly basis. The limit for these records is one per person.

-Lockers

If you need a secure place to store your belongings, please contact the Community Center staff at (806) 687-6876 to learn how you can get a locker.

-Application for Benefits

Community Center staff can help people apply for jobs and benefits (such as Disability, Social Security, food stamps, etc.). Come to the Community Center or contact Community Center staff to learn more.

www.opendoorlbk.org

Salvation Army

1111 15th Street, Lubbock, TX 79401
806-765-9434

-Support for adults, children and families and disaster relief

-Emergency shelter

www.salvationarmytexas.org/lubbock/

Homeless Outreach Team (H.O.T)

806-775-2975

-The Homeless Outreach Team was founded on February 20, 2016. The team works to help make homeless

individuals successful whether it's assistance in resume building, job referrals, building partnerships, helping them get back on their medications if they have mental issues or referring them to substance abuse centers if needed.

The program works to help clean the environment as well. H.O.T. currently works with homeless providers, churches, and the various City of Lubbock Departments to help clean up temporary camp/shelter areas while assisting the homeless into housing or shelters.